

# CLIENT INFORMATION

Name	Telephone [ ]	Date of Birth
Address	E-mail	
Referred by	Telephone [ ]	
In case of emergency	Telephone [ ]	

## GENERAL & MEDICAL INFORMATION

Age	Male	Female	
Yes	No		Do you have Type I diabetes?
Yes	No		Do you have Type II diabetes?
Yes	No		Do you experience frequent headaches? If yes to previous question, how often? _____
Yes	No		Do you suspect that these headaches are hormone related?
Yes	No		Are you 0 - 8 weeks post partum?
Yes	No		Are you pregnant? If yes, how many weeks? _____
Yes	No		Do you suffer from arthritis? Osteo or rheumatoid?
Yes	No		Are you wearing contact lenses?
Yes	No		Do you have high blood pressure?
Yes	No		If yes to previous question, are you taking medication for this?
Yes	No		Do you suffer from epilepsy or seizures?
Yes	No		Do you suffer from joint swelling?
Yes	No		Do you have varicose veins?
Yes	No		Have you had major surgery in the last 2 years?
Yes	No		Do you have any contagious diseases?
Yes	No		Do you have osteoporosis or osteopenia?
Yes	No		Do you bruise easily?
Yes	No		Have you had any broken bones in the past two years?
Yes	No		Have you been in an accident or suffered any injuries in the past two years?
Yes	No		Do you have trouble turning your head left or right?
Yes	No		Have you been extremely sedentary in the last 48 hours? (For example, flew from Asia.)
Yes	No		Do you have tension or soreness in a specific area?
			Do you have cardiac or circulatory problems?
			Do you suffer from back pain?
			Do you have numbness or stabbing pains anywhere?
			Are you very sensitive to touch or pressure in any area?
			Do you take blood thinners?
			Do you have limited range of motion in any body part?
			Do you have any herniated discs in your spine? If yes, please indicate the age of the injury: _____
			Do you have any other medical condition I should be aware of?
			Comments: _____
			_____
			_____
			_____

Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage/bodywork may be contraindicated. A referral from your primary care provider may be required prior to service being provided.

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical specialists for any mental or physical ailment that I am aware of. I understand that massage/bodywork practitioners are not qualified to perform spinal or skeletal adjustments; diagnose, prescribe, or treat any physical or mental illness; and that nothing said in the course of the session given should be construed as such. Because massage/bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions; and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I forget to do so. It is also understood that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_  
Practitioner Signature \_\_\_\_\_ Date \_\_\_\_\_

Consent to Treatment of Minor: By my signature below, I hereby authorize \_\_\_\_\_ to administer massage, bodywork, or somatic therapy techniques to my child or dependent as they deem necessary.

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_